



## Elderly Simplified Application Project (ESAP) for SNAP

ESAP makes applying for SNAP easier for seniors. Your household might qualify for a **3-year certification period** if all eligible members are 60+ and do not have earnings.

Individuals must still report:

1. Changes in household composition.
2. If a household member receives earned income during the certification period.
3. Lottery and gambling winnings over \$4,250.

### What to know before you apply



Most households must have **gross** income below 200% of the Federal Poverty Level (FPL) to qualify for SNAP. Seniors who have high shelter or medical expenses may be eligible for SNAP if their **net** income is below 100% FPL.



Seniors can deduct their medical expenses from their net income. Doing this can increase the amount of SNAP benefits they are eligible for.

**To apply, call 855-635-4370 or visit  
[CommonHelp.virginia.gov](http://CommonHelp.virginia.gov).**

**SCAN HERE  
TO LEARN  
MORE ABOUT  
SPECIAL  
RULES FOR  
SENIORS**



Seniors with more than \$35 a month in medical expenses can take a \$200 standard medical deduction.

#### **Medical expenses include:**

- Health insurance & Medicare premiums.
- Medical & dental care.
- Cost of transportation to get medical treatment.
- Cost of maintaining a home health care aide.
- Others.

To see if you are eligible, try our **free screening calculator:**  
[vasnap.org](http://vasnap.org)



## Elderly Simplified Application Project (ESAP) for SNAP

To reduce the administrative burden on seniors, households that all eligible members are 60 and older and do not have earnings are eligible for a 3-year certification period.

Individuals must still report

1. Change in household composition;
2. If a household member receives earned income during the certification period; and
3. lottery and gambling winnings over \$4,250.

### What to know before you apply



Most households must have gross income below 200% FPL to qualify for SNAP. Seniors who have high shelter or medical expenses may be eligible for SNAP if their net income is below 100% FPL.



Seniors can deduct their medical expenses from their net income which could increase the amount of snap benefits they are eligible for.

To see if you are eligible try our free screening calculator at

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Seniors that incur more than \$35 a month in medical expense can take a \$200 standard medical deduction.



Medical Expenses include:

- Health Insurance & Medicare premiums;
- medical & dental care;
- cost of transportation to obtain medical treatment; and
- Cost of maintaining a home health care aide.

**[vasnap.org](http://vasnap.org)**



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